

Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/01/2024																
CACFP SUPPER	Total	4000														
Sndwich,Trk Ham&Chz,HawaiIn'23	1 EACH	2000	186	17	392	1.99	1.85	105.2	122	0.0	5	10.62	27.21	4.25	1.37	0.00
CELERY STICKS 2021	serving	5000	16	0	89	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
Raisels, Variety	servings	5000	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	5000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	5000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			584	31	683	4.48	3.12	884.9	2107	100.25	79	31.34	106.34	6.44	2.78	*0.00
% of Calories											54.0%	21.5%	72.9%	9.9%	4.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/02/2024																
CACFP SUPPER	Total	4000														
Uncrustable, Grape Wh,Che-2014	1 each	4000	400	15	520	3.00	1.08	220.0	265	0.0	13	16.0	33.0	23.0	7.00	0.00
Carrot Nibbles2 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			643	31	729	7.34	1.53	597.5	11021	14.80	42	28.73	78.16	26.87	8.78	*0.00
% of Calories											26.3%	17.9%	48.6%	37.6%	12.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/03/2024																
CACFP SUPPER	Total	4000														
YOGURT,Hollan,Ras,w/crack-2017	SERVING	4000	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00
CUCUMBER, SLICED 2021	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH .5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00	
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			603	25	563	5.22	4.49	662.4	3234	8.26	*66	22.09	109.62	11.41	4.13	*0.00
% of Calories											*43.9%	14.6%	72.7%	17.0%	6.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			610	29	659	5.68	3.05	714.9	5454	41.11	*62 *92.1%	27.39 18.0%	98.04 64.3%	14.90 22.0%	5.23 7.7%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	610		550 - 650	100%				
Cholesterol (mg)	29							
Sodium 1 (mg)	659		1230	54%				
Sodium 1a (mg)	659		1110	59%				
Fiber (g)	5.68							
Iron (mg)	3.05							
Calcium (mg)	714.9							
Vitamin A (IU)	5454							
Sugars (g)	62	40.94%			Missing			
Vitamin C (mg)	41.11							
Protein (g)	27.39	17.96%						
Carbohydrate (g)	98.04	64.29%						
Total Fat (g)	14.90	21.99%	<=30.00%					
Saturated Fat (g)	5.23	7.72%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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